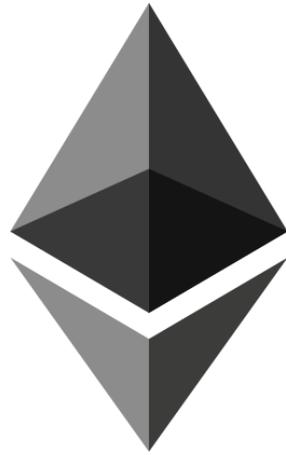# HOW TO BUY INSULA TOKENS

Now that you are Web3 ready, you are ready to start the process of buying ISLAs.
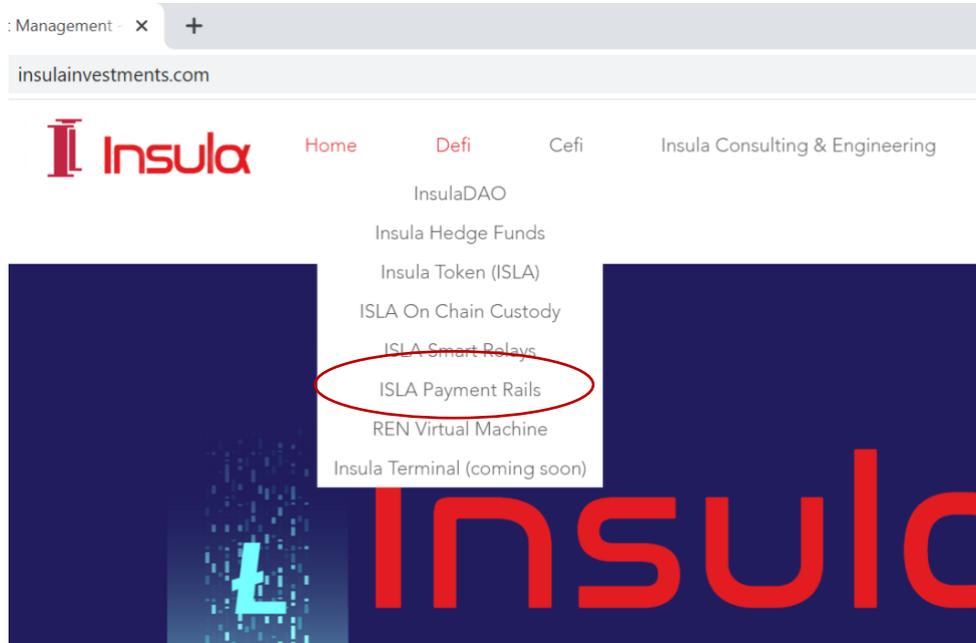
Exchange your money to Ethereum. We are a zero-fiat policy company, so our ERC Token is only available through Ethereum.

If you haven't already, send your Ethers to your MetaMask account. MetaMask is where you will be holding your ISLAs.

Go onto the Insula Website and hover your mouse over DeFi.
Click "ISLA Payment Rails"

Go onto the Insula Website and hover your mouse over DeFi.

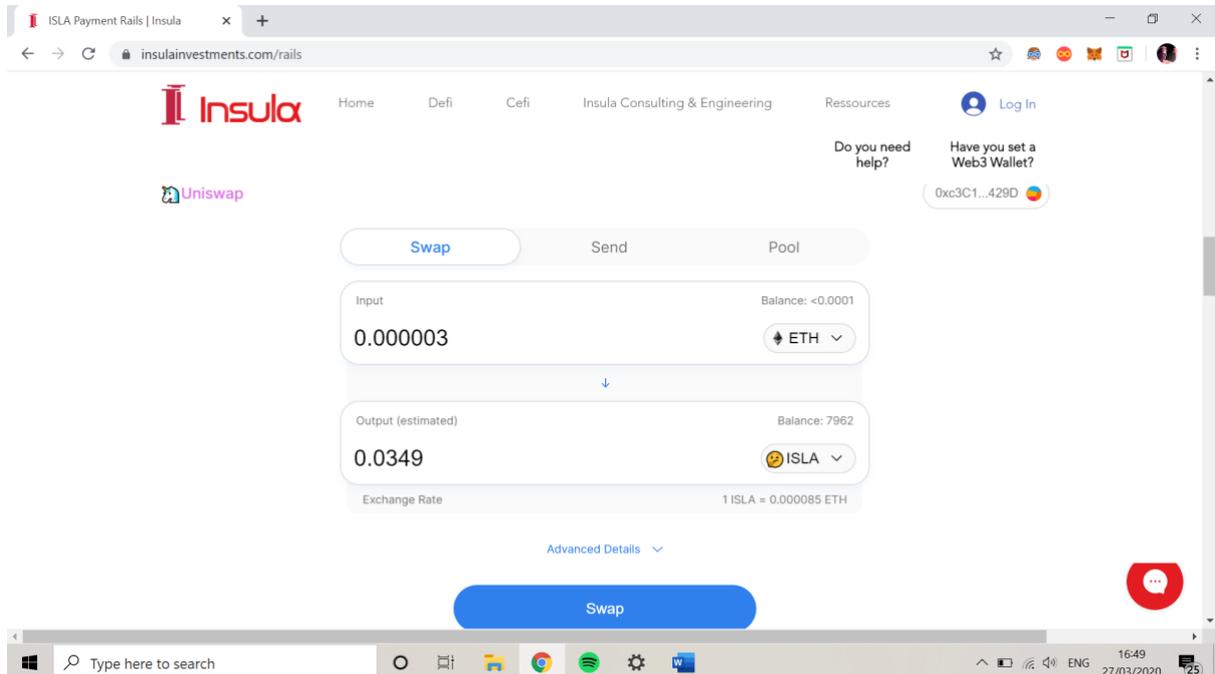**You should end up on the following page.**

Scroll down until you reach the following. This is Uniswap!

Enter the amount of ETH you wish to convert to ISLAs, then click "swap".

Make sure your MetaMask account is connected for the transactions to work.

You may have to add your MetaMask address if asked to.

There tends to be a gas fee involved in every transaction. These fees are minimal and insignificant (less than $1)
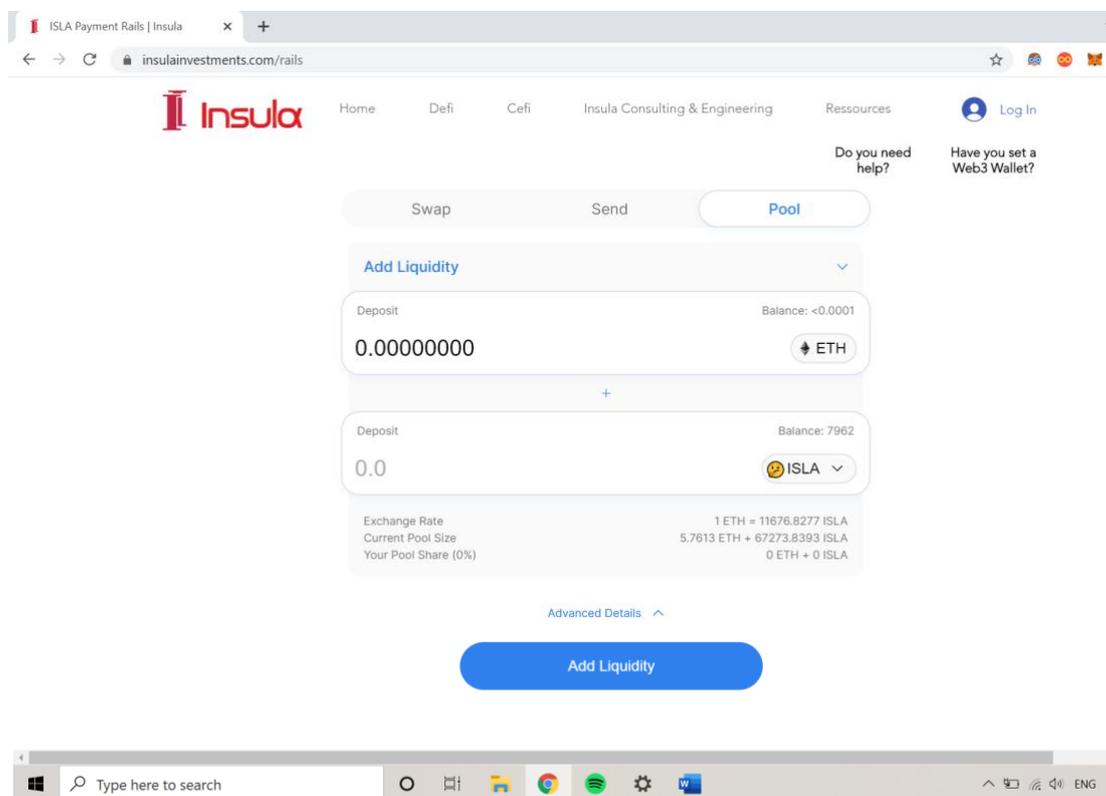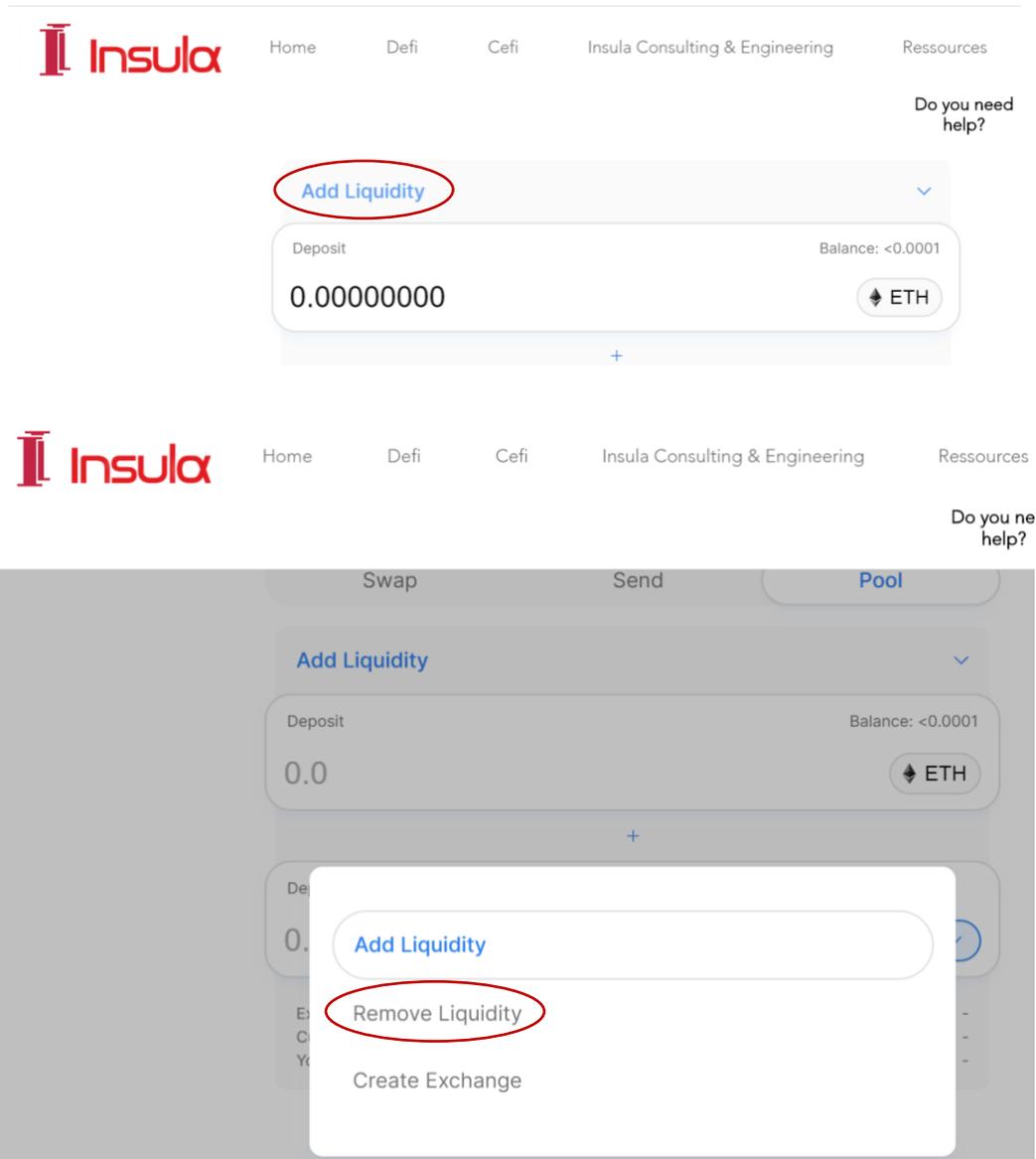
WHAT NOW? LIQUIDITY PROVIDING!

One of the many ways you can make money with ISLAs is by providing liquidity for our ecosystem. In other words, by simply injecting a sum of money ISLA/ETHs into our ecosystem, you can be rewarded with a consistent return. Here is how to do it.

Switch to "Pool" and add the amount of ETH/ISLAs you want to add to the ecosystem. You will be adding the same number of ETHs and ISLAs, so if you want to add a total of 1 ETH, you will need to deposit 0.5 ETH and 0.5 ETH's worth of ISLAs.

If you want to eventually withdraw the amounts you may have deposited over time, then click on the drop-down button where It says, "Add Liquidity", and select "Remove Liquidity".

While your money is safely stored in our ecosystem, you will receive fees for every ISLA transaction ever made. Think of this as the equivalent of receiving interest!